



Here are some useful links and resources:

Feeling Unsafe, Need To Talk?

CHILDLINE:

Childline is a free, private and confidential service where you can talk about anything. Whatever your worry, whenever you need help, they are there for you online, on the phone, anytime.

www.childline.org.uk

THINKUKNOW:

THINKUKNOW is an education programme to help protect children both online and offline.

www.thinkuknow.co.uk

CEOP:

CEOP is a law enforcement agency which helps to keep children and young people safe from sexual abuse and grooming online. They are there to help and give advice, and you can make a report directly to them if something has happened online which has made you feel unsafe, scared or worried. This might be from someone you know in real life, or someone you have only ever met online.

<https://www.ceop.police.uk/safety-centre/>

YOUNGMINDS:

YOUNGMINDS are the UK's leading charity for children and young people's mental health. If you are in a mental health crisis, Youngminds have a free 24/7 support service across the UK

www.youngminds.org.uk/find-help/get-urgent-help/

Online Safety:

[Snapchat](#)

[Instagram](#)

[TikTok](#)

What to do if you're worried about a child

If you're worried about a child, even if you're unsure, you can speak to the NSPCC about your concerns. Whether you want to report child abuse and neglect or aren't sure what to do, they are there to listen, offer advice and support and can take the next steps if a child is in danger.

Telephone lines are open **Monday to Friday 8am – 10pm** and **9am – 6pm at the weekend**.

[Call 0808 800 5000](tel:08088005000)

[Report online](#)

[Email help@nspcc.org.uk](mailto:help@nspcc.org.uk)

If you are worried or have a safeguarding concern and would like to speak with our Safeguarding Officer please email:

ktaylor@ststephensjuniorschool.co.uk:

Or you can report a concern through completing our 'Reporting a concern' from our school website and we will contact you.

If you would like to report a Safeguarding concern to Social Services, please use the following numbers:

- 03000 41 11 11 (Monday to Friday, 9am – 5pm)
- 03000 41 91 91 (outside of office hours – [for emergencies only](#))

If you need to report a crime, please call 999 in an emergency

If the person is not in immediate danger contact the police on 101.