



STAY SAFE ON LINE!

Welcome back to our e safety bulletin

What your child learnt on Internet Safety Day

Year 3 discussed the importance of being kind to others online. They watched a video of two CBBC presenters Molly and Harvey and they talked about key rules for being kind online. The children then discussed the 4 main rules for being kind online.

- 1) Always post a kind comment.
- 2) Always report unkind comments.
- 3) Always respect other people on social media.
- 4) Always ask permission before posting someone else's picture online.

Year 4 discussed the impact that the internet has had on people's lives and what would happen if the internet were to no longer exist. Through role-play, the children identified various dangers and constructed a set of rules for safe internet use. With these rules in mind, the children wrote a story from the point of view of a computer.

Year 5 showed a video from the saferinternet.org website, then used the slides to promote discussion and debate. Children created a poster or illustration showing awareness of "Before you say what's on your mind, ask yourself, is it kind?"

Year 6 watched a short film covering topics such as online gaming, chat rooms and giving out personal information. Following group discussion, each child created a cartoon strip to help raise awareness of online protection.

Possible signs of cyberbullying

It is not always easy to spot the signs of cyberbullying as it can happen all the time, which is a feature that makes it different from other forms of bullying. Be

alert to a change in your child's behaviour, for example:

- Being upset after using the internet or mobile phone
- Unwilling to talk or secretive about use of phone or online activities
- After texting or being online they may seem withdrawn, upset or cross
- Not wanting to go to school and/or avoiding meeting school friends
- Suddenly spending much more or much less time texting or using social media
- Many new numbers, texts or email addresses showing up on their phone/tablet

Have you seen the resources on our website?

Under About us: Safeguarding and e safety; there is a wealth of information on how to protect your child online.

In particular, there is a link to a website – Parentinfo.org

This website contains so much information for parents such as:-

- A Guide to Whatsapp
- Online Myths and facts
- How to guide for parental controls and much more

If you suspect a child is being harassed or bullied either over the internet or via mobile phone, ask them to give you details. If your child tells you that someone is bothering them online, take it seriously. Offer practical help as well as emotional support. Print out the evidence for future reference. Talk to someone at school if other pupils at the school are involved. There is a wealth of information and guidance on cyberbullying – please ask if you need support.